



THE CANCER
SOCIETY OF
THE BAHAMAS

Monthly General Meeting

Tuesday, May 10th @ 6:30pm



Meeting ID:
837 0835 5496
Passcode:
965028

TEAM
*Bowflex
Barbie*

FITNESS
Dekel Quant



Think Positive!

Eat Better!

HEALTHY LIVING

Exercise Often!

Feel Good!



Ann Rolle

Holistic Nutrition Practitioner



The Cancer society of The Bahamas East Terrace Centreville
cancersociety@hotmail.com - www.cancersocietybahamas.org

It is not too late to start working on that 'SUMMER BODY'. Watch Dekel 'Bowflex Barbie' and Ann Rolle demonstrate some of the ways to exercise properly and to eat right for your body type!

<https://youtu.be/x6ncbYOMGQ0>

